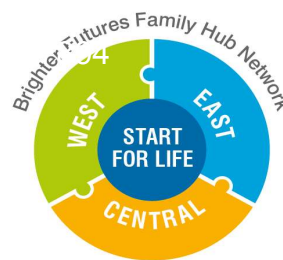


# Thameside Family Hub

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 [thurrock.gov.uk](http://thurrock.gov.uk)

## What's on in November 2024

### Mondays

Start	End	Activity	Age groups	How to join in
8.30am	12.00pm	Housing Advice for Council Tenants		
9.00am	4.00pm	Midwife	Ante Natal	<b>Book in advance</b>
9:30am	10:30am	Start For Life - Baby Rhyme Time <b>4<sup>th</sup>, 18<sup>th</sup> and 25<sup>th</sup> November</b>	0 to 12 Months	All welcome
9.30am	10.30am	Early Words Together	36 to 60 months	<b>Book in advance</b>
11.00am	12.00pm	Let's Talk with your Baby	0 to 12 months	<b>Book in advance</b>
11.00am	12.00pm	Baby Massage	0 to 12 months	<b>Book in advance</b>
1.30pm	2.30pm	Let's Talk Potty Training <b>18<sup>th</sup> November</b>	24 to 60 months	<b>Book in advance</b>
2.00pm	3.00pm	Stay and Play <b>4<sup>th</sup>, 18<sup>th</sup> and 25<sup>th</sup> November</b>	24 to 60 months	<b>All welcome</b>

### Tuesdays

9:30am	10:30am	Start For Life - Stay and Play <b>5<sup>th</sup>, 19<sup>th</sup> and 26<sup>th</sup> November</b>	12 to 24 Months	All Welcome
11:00am	12:00pm	Fun with Mark Making – <b>5<sup>th</sup> November</b> Fun with Textures – <b>19<sup>th</sup> November</b> Fun with Small World - <b>26<sup>th</sup> November</b>	12 to 60 Months	All Welcome
2:00pm	3:00pm	Baby Massage	0 to 12 months	<b>Book in advance</b>
3.00pm	5.00pm	Help me to Stay Safe Programme	6 to 16 years	<b>Referral only</b>

### Wednesdays

9:00am	4:00pm	Midwife	Ante Natal	<b>Book in advance</b>
9.00am	11.00am	Children's Continence Advisor <b>6<sup>th</sup> November</b>	18 months +	<b>Drop in</b>
10.30am	12.30pm	Thurrock Virtual School – Information, advice and guidance on education matters and supporting children in education. <b>13<sup>th</sup> November</b>	0 to 18 years	<b>Drop in</b>
10:30am	11:30am	SEND - Just For <b>6<sup>th</sup>, 13<sup>th</sup> and 27<sup>th</sup> November</b>	0 to 60 Months	All welcome
11:00am	12:00pm	Start for Life - Stay and Play <b>13<sup>th</sup> and 27<sup>th</sup> November</b>	0 to 12 Months	All welcome

1.00pm	4.00pm	Children's Continenance Advisor <b>6<sup>th</sup> November</b>	18 months +	<b>Referral only</b>
1.30pm	2.15pm	Stories and Rhymes <b>20<sup>th</sup> and 27<sup>th</sup> November</b>	0 to 12 months	All welcome
1.30pm	2.30pm	Start for Life - Let's Talk to your Toddler	12 to 24 Months	<b>Book in advance</b>
1.30pm	2.30pm	Fussy Eating <b>13<sup>th</sup> November</b>	12 to 60 Months	<b>Book in advance</b>
2.30pm	3.15pm	Stories and Rhymes <b>20<sup>th</sup> and 27<sup>th</sup> November</b>	12 to 60 months	All welcome
4.00pm	5.30pm	Young Carers		<b>Referral only</b>

### Thursdays

9:00am	4:00pm	Midwife	Ante Natal	<b>Book in advance</b>
9.30am	11.00am	Chatterbox	24 to 60 Months	<b>Referral only</b>
10.00am	11.00am	Time For You and Baby Too	Pre-birth up to 2 years old	All welcome
1.00pm	3.00pm	Triple P Parenting Programme	Ante-natal or parents with a child aged 0-12 months	<b>Book in advance</b>
1.30pm	2.45pm	Baby Weighing Clinic– Drop In	0 to 60 Months	All Welcome

### Fridays

9.00am	1.00pm	Speech and Language Drop- In <b>1<sup>st</sup> November</b>		<b>Referral Only</b>
9:00am	1:00pm	Early Interaction Advice Sessions	24 to 60 Months	<b>Referral Only</b>
9.30am	10.30am	Garden Group	24 to 60 Months	All welcome
10:00am	12:30pm	Job Club – Supported Families Employment Adviser		<b>Book in advance</b> 07776245301
11.00am	12.00pm	Sensory Play <b>1<sup>st</sup> November</b> – 24 to 60 months <b>8<sup>th</sup> November</b> – 0 to 12 months <b>15<sup>th</sup> November</b> – 12 to 24 months <b>22<sup>nd</sup> November</b> – 24 to 60 months <b>29<sup>th</sup> November</b> – 0 to 12 months		All welcome
1.30pm	2.30pm	Fun with Small World – <b>1<sup>st</sup> November</b> Fun with Colours – <b>8<sup>th</sup> November</b> Fun with Painting– <b>15<sup>th</sup> November</b> Fun with Gluing - <b>22<sup>nd</sup> November</b> Fun with Instruments – <b>29<sup>th</sup> November</b>	12 to 60 months	<b>All welcome</b>
1.30pm	2.30pm	Start for Life - Stay and Play <b>1<sup>st</sup>, 8<sup>th</sup>, 22<sup>nd</sup> and 29<sup>th</sup> November</b>	0 to 12 Months	All welcome

## Brighter Futures – Family Hub Offer

Please use this link to see the Family Hub's offer and activity details –

[www.thurrock.gov.uk/family-hub-activities](http://www.thurrock.gov.uk/family-hub-activities)

Please see the Thurrock website for details of each Family Hub and what is on offer each month and Face Book for information:

[www.facebook.com/groups/thurrockchildrenscentres](http://www.facebook.com/groups/thurrockchildrenscentres)

**Are your registered with the Family Hub? If not, you can do this online.**

**Visit: [www.thurrock.gov.uk/family-hubs](http://www.thurrock.gov.uk/family-hubs)**