

Civic Offices
New Road,
Grays,
Essex
RM17 6SL

Public Health

Dear Parent / Carer

Measles

We wanted to reach out to you about something very important – keeping our children in Thurrock safe from measles.

During the COVID-19 pandemic, vaccination rates against childhood illnesses were lower than normal, meaning less people are now protected against illnesses, including measles. Now that things are getting back to normal, and children are mixing again cases of measles are on the rise.

Measles is highly infectious and spreads very easily. Measles can make children very ill and can cause serious complications such as deafness, pneumonia and meningitis. Sadly 1 in 10 children who catch measles will suffer these serious conditions.

The best way to protect your child is to make sure they have had 2 doses of the measles, mumps and rubella (MMR) vaccine.

Please check if your child has had 2 doses of the MMR vaccine. If you are not sure, your GP Practice should have your child's vaccination record. If they have missed a dose it is never too late to catch up. Please speak to your GP Practice about booking an appointment.

The MMR vaccine is safe, it works to protect your child and is free. More information can be found here www.nhs.uk/MMR

Yours sincerely



Sharon Stoltz
Interim Director of Public Health



Sheila Murphy
Executive Director of Children's Services